

# FITNESS CENTER EVENTS AND PROGRAMS CALENDAR

## Jan-18

HAPPY NEW YEAR!

Fitness Hike Box Springs Fri, Jan 12, 1100

Pass, Punt, Kick competition, Thurs, Jan 18, 1100

Warrior Relay Run-26.2 miles, Weds, Jan 24, 1030

Fitness & Sports Council Meeting Thurs, Jan 25, 1130, gym

Climb to Everest Jacobs Ladder Challenge

Golf Letter of Intent due Mon, Jan 29, 1130

Tug-O-War Challenge Weds, January 31, 1100

## Feb-18

Golf Coach's meeting Mon, Feb 5, 1100- Gym

Zumba Love Zumbathon Fri, Feb 9, 1000-1200

Softball Letter of Intent due Mon, Feb 12

Heart & Sole 5K Run/Walk Thurs, Feb 15, 1100

King of the Court Vball Tournament, Tues, Feb 20, 1100

Softball Scrimmage Thurs, Feb 22, 1100

Softball Meeting Tues, Feb 27, 1130

## Mar-18

Golf Begins-TBA

3 x 3 Basketball Tournament Weds, Mar 7, 1100

Deadlift-Bench Press-Squat Competition Tues, Mar 13, 1100

St Patty's Day 5K Run/Walk Thurs, Mar 15, 1100

Softball Scrimmage Tues, Mar 20, 1100

March Maadness 3pt Shootout comp Weds, Mar 21, 1100

## Apr-18

Ultimate Frisbee tournament Tues, April 3, 1100

Unit Dodgeball Challenge Weds, April 11, 1030

Softball Meeting Tues, April 17, 1130

Running Clinic, Thurs, April 19, 1030

## May-18 May is Fitness Month

Super Heroes 5k Fun Run/Obstacle Thurs, May 3, 0700

Fitness Fair Sat, May 5, UTA-1030(Tentative)

San Timoteo Nature Hike, Tues, May 8, 0700

Party in Pink Zumbathon Fri, May 11, 10-12

3-Point Shootout Competition Weds, May 16, 1100

Softball begins Tues, May 22, 1700

Bowling Challenge-TBA

GORUCK Challenge-TBA

# FITNESS CENTER EVENTS AND PROGRAMS CALENDAR


# FITNESS CENTER EVENTS AND PROGRAMS CALENDAR

<b>Jun-18</b>
Fitness & Sports Council Meeting Tues, June 5, 1130
Racquetball Tournament Weds, June 13, 1700
<b>Jul-18</b>
Independence 5K Run/Walk Thurs, July 5, 0700
Battle Ropes/ TRX Challenge Weds, July 11, 1100
Dodgeball Tournament Thurs, July 19, 1100
<b>Aug-18</b>
Summer Fun Zumbathon Fri, Aug 10, 10-12
5x5 Basketball Tournament Tues, Aug 14, 1100
Flag football scrimmage Weds, Aug 22, 1130
<b>Sep-18</b>
America's Armed Forces Run/1st Sergeants Run Sat Sept 8th, 0700 UTA
Fitness & Sports Council. Mtg Weds, Sept 12, 1130
Fitness Hike Box Springs Thurs., Sept 20, 1030
<b>Oct-18</b>
Great Pumpkin 5K Run/Walk Weds, Oct 10, 1100
Golf Tournament Fri-TBA
Basketball Tournament, Tues, Oct 16, 1100
Battle Challenge-Obstacle Course-TBA
<b>Nov-18</b>
Jive Turkey 5K Run/Walk Thurs, Nov 1, 1100
GLO Run- 5K Run/Walk, Fri, Nov 2
Fitness & Sports Council. Mtg Weds, Nov 14, 1130
<b>Dec-18</b>
Ugly Sweater 5K Run/Walk Weds, Dec 5, 1100
Toys 4 Tots Basketball Tournament, Weds, Dec 12, 1100
Jingle Bells Zumbathon Fri, Dec 14, 10-12
Operation Warmheart continues
<b>On-Going Programs</b>
500 Mile Club, Climb Mt. Everest
I Can Lift/Squat a KC-135, 98,470 lbs
<b>Tentative programs/events</b>
Sports Day
Basketball Exhibition game
Nutrition clinic
Scavenger Hunt

# FITNESS CENTER EVENTS AND PROGRAMS CALENDAR

Events are subject to change  
without prior notice.