

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				<ul style="list-style-type: none"> Special: Sizzlin Fajitas Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Grill of the Night! (Hap 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) Ice Cream Social (1400, Backstreet Grill) 	<ul style="list-style-type: none"> Special: Pasta Sally's Alley (1600) 	<ul style="list-style-type: none"> Sally's Alley (1600)
4	5	6	7	8	9	10
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (1600) Grill of the Night! (Hap 1700) Spin Class 1100 (Gym) Hike to the "M" 0700 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Grill of the Night! (Hap 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) Ice Cream Social (1400, Backstreet Grill) 	<ul style="list-style-type: none"> Special: Pasta 	
11	12	13	14	15	16	17
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (1600) Grill of the Night! (Hap 1700) Super Hero 5K Run/Walk 0700 (Base Tower) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Grill of the Night! (Hap 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) Ice Cream Social (1400, Backstreet Grill) 	<ul style="list-style-type: none"> Special: Pasta 	
18	19	20	21	22	23	24
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) Pickle Ball Tournament 0800 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (1600) Grill of the Night! (Hap 1700) Spin Class 1100 (Gym) 3 Point Competition 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Grill of the Night! (Hap 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) Ice Cream Social (1400, Backstreet Grill) 	<ul style="list-style-type: none"> Special: Pasta <p>Fitness Center CLOSED</p>	
25	26	27	28	29	30	31
	<p>Memorial Day</p>	<ul style="list-style-type: none"> Special: Taco Tuesday Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (1600) Grill of the Night! (Hap 1700) Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Grill of the Night! (Hap 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) Benchpress Competition 1030 (Gym) Ice Cream Social (1400, Backstreet Grill) 	<ul style="list-style-type: none"> Special: Pasta 	

Details & Future Upcoming Events

FITNESS CENTER EVENTS - MAY IS FITNESS MONTH!

- Hike to the "M" - **May 7 at 0700**
- Super Hero 5K Run/Walk - **May 14 at 0700**, Meet across from the Base Tower.
- Pickle Ball Tournament - **May 20 at 0800**
- 3 Point Competition - **May 21 at 1100**
- Bench Press Competition - **May 29 at 1030**
- Yoga in the Park participants receive **\$1.00 off** on Salads and Wraps! Stop by the Backstreet Grill after Yoga!

BACKSTREET GRILL/HAP ARNOLD CLUB EVENTS

- Social Hour at Sally's! Every Wednesday; **Open at 1600**
- Grill of the Night to include Steaks on Weds and Thurs **1700-2000 Hap Arnold Club**
- Sally's Alley Open **UTA Friday May 2 & UTA Saturday May 3 at 1600**
- Black Bean Burger & Veggie Burger **NOW AVAILABLE!**
- Javier's Chicken Salad & Sandwich **NOW AVAILABLE!**
- Coming soon **New Weekly Specials** in Backstreet
- Yoga in the Park participants receive **\$1.00 off** on Salads and Wraps! Stop by the Backstreet Grill after Yoga!
- Ice Cream Social **EVERY THURSDAY at 1400**

- Live Band at Sally's after **FIREFEST ON JUNE 7!**
- Soul Food Buffet coming on **June 13, 2025**
- Bring in the Summer BBQ **JULY 12 at Sally's Alley 1600**

OUTDOOR RECREATION/ITT EVENTS

- Outdoor Recreation is offering Disc Golf at **lunch time**.
- Outdoor Recreation is also offering **low cost** Disc Golf Rentals
- **June 7: Firefest 2025**, The People's BBQ Competition. Sign up at Outdoor Recreation, **ALL BASE PERSONNEL WELCOME**
- Now taking Sign-ups for June Corn hole Tournament
- **July 12: Paint Under the Stars**, Lemay Park. Sign up at Outdoor Rec!
- **July 18 & 19: Lens & Landscapes**, 2-day event. Sign up at Outdoor Rec!
- ITT is currently selling the 2025 Disneyland Salute Tickets for **Military Members**

New NAF Positions AVAILABLE

Fitness Center, Cashier, Cooks, Bartender, ODR
 Scan QR code for more details!



DIRECTORY

Airman & Family Readiness (A&FR)

(951) 655-5350

Back Street Grill (BSG)

(951) 655-3663

Hap Arnold & Catering

(951) 655-4920

Fitness Center (FC)

(951) 655-2284

Home Community Care (HCC)

(951) 655-5144

Outdoor Recreation (ODR)

(951) 655-2816

Information, Tickets, & Tours (ITT)

(951) 655-4123

Hap Arnold Printing (HAP)

(951) 655-2801

QUICK LINKS



Scan the QR code for
Ticket Pricelist



Scan the QR code for
Back Street Grill Menu



Scroll to the
bottom of the
page for the
links

Mon-Fri Menu & UTA Menu

Key Information

FITNESS CENTER

- Group Fitness Classes offered weekly at the **Gym**
MW- Spin 1100;
Tu&Thu- Mixed Fit Dance Class 0600 at the gym
Thurs- Yoga 1200 at the gym

Performance locker located adjacent to the Fitness Center for March FIIT/Functional fitness workouts. Olympic benches, barbells, mats, pull up bars, TRX, kettlebells, tire flip, sleds, jump ropes, fitness bands, sandbags, flexibility poles, cones, medicine balls. Stop by the fitness center for access.

WELLBEATS fitness kiosk NOW AVAILABLE!

Scan the QR code for
**Online
Reservations**



AIRMAN & FAMILY READINESS

1351 Graeber St. Bldg 2314 951-655-5350

March ARB, CA 92518

- Information & Referral
- Family Life Education
- Personal Financial Management
- Relocation Assistance
- Family Readiness
- Employment Assistance
- Crisis Assistance
- Transition Assistance Program (TAP)

OUTDOOR REC & ITT

- Stop by to get info for Unite Events and R4R trips!
- New theme park promotions **NOW AVAILABLE**

BACKSTREET GRILL/HAP ARNOLD CLUB

Lunch Specials at Backstreet Grill:

Monday: Burger Combo (FREE Fries & Drink)

Tuesday: Street Tacos

Wednesday: Stir Fry

Thursday: Sizzlin Fajitas Platter

Friday: Fettuccine Pasta

- Call ahead to place your order

(951) 655-3663

- Want to cater an event at the Hap Arnold Club?

(951) 655-4920

HAP ARNOLD PRINTING

Offering banners, posters, copies, and more to meet your personal and squadron's print needs! Stop by for more details Bldg 434 or call 951-655-2800!