

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Thu Night Football (ACEs, 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Pasta Sally's Alley (Open 1600, Food 1730) 	
8	9	10	11	12	13	14
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) Ugly Sweater 5K (1100, Base Tower) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Thu Night Football (ACEs, 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Pasta 	
15	16	17	18	19	20	21
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) Holiday Food Special 	<ul style="list-style-type: none"> Special: Taco Tuesday Holiday Food Special Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Holiday Food Special Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas Holiday Food Special Mixed Fit 0600 (Gym) Yoga Class 1200 (Gym) Thu Night Football (ACEs, 1700) Lunchtime Volleyball & B-Ball 1100 (Gym) 	<ul style="list-style-type: none"> Special: Pasta Holiday Food Special 	
22	23	24	25	26	27	28
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	CHRISTMAS EVE	CHRISTMAS DAY	CLOSED	<ul style="list-style-type: none"> Special: Pasta 	
29	30	31				
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday Mixed Fit 0600 (Gym) Lunchtime Volleyball & B-Ball 1100 (Gym) 				

Details & Future Upcoming Events

FITNESS CENTER EVENTS

- Ugly Sweater 5K **December 11th!**
Time: 1100. Meet across from the Base Tower.
- Extramural Golf continues **Fridays** at General Old Golf Course
- Group Fitness Classes: Spin Class **MW 1100**, Mixed Fit **TTH 0600**, Yoga **Thursdays 1200**
- Lunchtime Pick-up Basketball **TTH, 1100**
- Lunchtime Pick-up Volleyball **TTH, 1100**
- Intramural Basketball Meeting **Jan 14, 2025 1100 Gym**
- Happy New You 5K Run/Walk - **Jan 29, 2025 1100**

- Grab & Go Food Options **NOW AVAILABLE**
- Come try one of our flavored coffees with a fresh baked pastry
 Coffee (12oz) **\$2.50**
 Assorted Muffins **\$3.50**
 Scones **\$3.00**
 Doughnut or Doughnut Holes **\$4.75**
- Holiday Special **December 16th -20th:** Ham, Mac and Cheese, Veggie Medley, Hawaiian Roll with a drink **\$12.00**
- Black Bean Burger & Veggie Burger **NOW AVAILABLE!**
- Thursday Night Football at ACEs at **1700**

BACKSTREET GRILL/HAP ARNOLD CLUB EVENTS

- Social Hour at Sally's! Every Wednesday; **Open at 1600. Food at 1730**
- **STREET TACOS & NACHOS NOW AVAILABLE!** (Carne Asada, Chicken, & Al Pastor), Ala Cart **\$3.00 each**, 2 tacos with Chips & Salsa **\$7.50**, Nachos **\$7.00**
- Sally's Alley Open **UTA Friday December 6 at 1600, Food at 1730**

- New NAF Positions **AVAILABLE**
 Fitness Center, Cashier, Catering Manager, Cooks, Bartender, ODR
 Scan QR code for more details!



DIRECTORY

Airman & Family Readiness (A&FR)

(951) 655-5350

Back Street Grill (BSG)

(951) 655-3663

Hap Arnold & Catering

(951) 655-4920

Fitness Center (FC)

(951) 655-2284

Home Community Care (HCC)

(951) 655-5144

Outdoor Recreation (ODR)

(951) 655-2816

Information, Tickets, & Tours (ITT)

(951) 655-4123

Hap Arnold Printing (HAP)

(951) 655-2801

QUICK LINKS



Scan the QR code for
Ticket Pricelist



Scan the QR code for
Back Street Grill Menu



Scroll to the
bottom of the
page for the
links

Mon-Fri Menu & UTA Menu

Key Information

FITNESS CENTER

- Spin and Rowing classes offered weekly at the **Gym**
 - Group Fitness Classes
 - MW- Spin 1100;
 - Tu&Thu- Mixed Fit Dance Class 0600 at the gym
 - Thurs- Yoga 1200 at the gym

Performance locker located adjacent to the Fitness Center for March FIIT/Functional fitness workouts. Olympic benches, barbells, mats, pull up bars, TRX, kettlebells, tire flip, sleds, jump ropes, fitness bands, sandbags, flexibility poles, cones, medicine balls. Stop by the fitness center for access.

WELLBEATS fitness kiosk NOW AVAILABLE!

Scan the QR code for
**Online
Reservations**



AIRMAN & FAMILY READINESS

1351 Graeber St. Bldg 2314 951-655-5350

March ARB, CA 92518

- Information & Referral
- Family Life Education
- Personal Financial Management
- Relocation Assistance
- Family Readiness
- Employment Assistance
- Crisis Assistance
- Transition Assistance Program (TAP)

OUTDOOR REC & ITT

- Stop by to get info for Unite Events and R4R trips!
- New theme park promotions **NOW AVAILABLE**

BACKSTREET GRILL/HAP ARNOLD CLUB

Lunch Specials at Backstreet Grill:

Monday: Burger Combo (FREE Fries & Drink)

Tuesday: Street Tacos

Wednesday: Stir Fry

Thursday: Sizzlin Fajitas Platter

Friday: Fettuccine Pasta

- Call ahead to place your order

(951) 655-3663

- Want to cater an event at the Hap Arnold Club?

(951) 655-4920

HAP ARNOLD PRINTING

Offering banners, posters, copies, and more to meet your personal and squadron's print needs! Stop by for more details Bldg 434 or call 951-655-2800!