

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
		<ul style="list-style-type: none"> Special: Taco Tuesday March FIIT 0600 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas March FIIT 0600 (Gym) Yoga Class 1200 (Gym) Tea Social (Hap Arnold Club, 1400-1500) Thu Night Football (ACEs, 1700) 	<ul style="list-style-type: none"> Special: Pasta 	
6	7	8	9	10	11	12
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday March FIIT 0600 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas March FIIT 0600 (Gym) Yoga Class 1200 (Gym) Tea Social (Hap Arnold Club, 1400-1500) Thu Night Football (ACEs, 1700) 	<ul style="list-style-type: none"> Special: Pasta 	<ul style="list-style-type: none"> Horseback Riding (ODR)
13	14	15	16	17	18	19
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday March FIIT 0600 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) Great Pumpkin 5K (Base Tower, 1100) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas March FIIT 0600 (Gym) Yoga Class 1200 (Gym) Tea Social (Hap Arnold Club, 1400-1500) Thu Night Football (ACEs, 1700) 	<ul style="list-style-type: none"> Special: Pasta 	<ul style="list-style-type: none"> Learn to Paint (ODR)
20	21	22	23	24	25	26
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday March FIIT 0600 (Gym) B-Ball Tournament (Gym, 1100) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas March FIIT 0600 (Gym) Yoga Class 1200 (Gym) Tea Social (Hap Arnold Club, 1400-1500) Thu Night Football (ACEs, 1700) 	<ul style="list-style-type: none"> Special: Pasta San Timoteo Hike (Gym, 0700) 	
27	28	29	30	31		
	<ul style="list-style-type: none"> Special: Burger Combo Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Taco Tuesday March FIIT 0600 (Gym) 	<ul style="list-style-type: none"> Special: Stir Fry Social Hour at Sally's (Open 1600, Food 1730) Spin Class 1100 (Gym) 	<ul style="list-style-type: none"> Special: Sizzlin Fajitas March FIIT 0600 (Gym) Yoga Class 1200 (Gym) Tea Social (Hap Arnold Club, 1400-1500) 		

Details & Future Upcoming Events

FITNESS CENTER EVENTS

- **Great Pumpkin 5K October 16th!**
Time: 1100. Meet across from the Base Tower.
- **Basketball Tournament October 22nd at 1100!**
- **San Timoteo Carriage Trail Hike October 25th at 0700!**

- **Tea Social at the Club Every Thurs, Starting Oct 3 at 1400**

Variety of Hot Tea, Hot Chocolate and/or Assorted Pastries served for **FREE**

- **Thursday Night Football at ACEs at 1700**

BACKSTREET GRILL/HAP ARNOLD CLUB EVENTS

- **Monthly Backstreet Grill SPECIALS**
- **Meatball Sub (DAILY)**
- **Pizza (BBQ Chicken, Pepperoni, Jalapeño Chorizo) (DAILY)**
- **Javier's Famous Chicken Salad (Salad or Sandwich) (DAILY)**
- **Social Hour at Sally's! NEW OKTOBERFEST FOOD MENU**
Every Wednesday; **Open at 1600. Apps: 1600 to 1800; Food at 1730**
- **Grab & Go Food Options NOW AVAILABLE**

OUTDOOR RECREATION

- **Horseback Riding**
October 12, 2024
Single Airman Price \$40.00
- **Learn to Paint (Nightmare before Christmas)**
October 19, 2024 | Time: 1800-2000 at Hap Arnold Club
Sign up at ODR 951-655-2816

DIRECTORY

Airman & Family Readiness (A&FR)

(951) 655-5350

Back Street Grill (BSG)

(951) 655-3663

Hap Arnold & Catering

(951) 655-4920

Fitness Center (FC)

(951) 655-2284

Home Community Care (HCC)

(951) 655-5144

Outdoor Recreation (ODR)

(951) 655-2816

Information, Tickets, & Tours (ITT)

(951) 655-4123

Hap Arnold Printing (HAP)

(951) 655-2801

QUICK LINKS



Scan the QR code for
Ticket Pricelist



Scan the QR code for
Back Street Grill Menu



Scroll to the
bottom of the
page for the
links

Mon-Fri Menu & UTA Menu

Key Information

FITNESS CENTER

- Spin and Rowing classes offered weekly at the **Gym**
Group Fitness Classes
MW- Spin 1100;
Tu&Thu- March F.I.I.T. 0600 at the gym
Thurs- Yoga 1200 at the gym

Performance locker located adjacent to the Fitness Center for March FIIT/Functional fitness workouts. Olympic benches, barbells, mats, pull up bars, TRX, kettlebells, tire flip, sleds, jump ropes, fitness bands, sandbags, flexibility poles, cones, medicine balls. Stop by the fitness center for access.

WELLBEATS fitness kiosk NOW AVAILABLE!

Scan the QR code for
**Online
Reservations**



AIRMAN & FAMILY READINESS

1351 Graeber St. Bldg 2314 951-655-5350

March ARB, CA 92518

- Information & Referral
- Family Life Education
- Personal Financial Management
- Relocation Assistance
- Family Readiness
- Employment Assistance
- Crisis Assistance
- Transition Assistance Program (TAP)

OUTDOOR REC & ITT

- Stop by to get info for Unite Events and R4R trips!
- New theme park promotions **NOW AVAILABLE**

BACKSTREET GRILL/HAP ARNOLD CLUB

Lunch Specials at Backstreet Grill:

Monday: Burger Combo (FREE Fries & Drink)

Tuesday: Street Tacos

Wednesday: Stir Fry

Thursday: Sizzlin Fajitas Platter

Friday: Fettuccine Pasta

- Call ahead to place your order

(951) 655-3663

- Want to cater an event at the Hap Arnold Club?

(951) 655-4920

HAP ARNOLD PRINTING

Offering banners, posters, copies, and more to meet your personal and squadron's print needs! Stop by for more details Bldg 434 or call 951-655-2800!