

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
	<ul style="list-style-type: none"> <li>Special: <b>Burger Combo</b></li> <li>Spin Class 1100 (Gym)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Taco Tuesday</b></li> <li>March FIIT 0600 (Gym)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Stir Fry</b></li> <li>Social Hour at Sally's (Open 1600, Food 1730)</li> <li>Spin Class 1100 (Gym)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Sizzlin Fajitas</b></li> <li>March FIIT 0600 (Gym)</li> <li>Yoga Class 1200 (Gym)</li> <li>Ice Cream Social (Hap Arnold Club, 1400-1500)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Pasta</b></li> </ul>	
8	9	10	11	12	13	14
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15	16	17	18	19	20	21
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22	23	24	25	26	27	28
	<ul style="list-style-type: none"> <li>Special: <b>Burger Combo</b></li> <li>Spin Class 1100 (Gym)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Taco Tuesday</b></li> <li>March FIIT 0600 (Gym)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Stir Fry</b></li> <li>Social Hour at Sally's (Open 1600, Food 1730)</li> <li>Sally's Halloween Fest</li> <li>Spin Class 1100 (Gym)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Sizzlin Fajitas</b></li> <li>March FIIT 0600 (Gym)</li> <li>Yoga Class 1200 (Gym)</li> <li>Ice Cream Social (Hap Arnold Club, 1400-1500)</li> </ul>	<ul style="list-style-type: none"> <li>Special: <b>Pasta</b></li> </ul>	
29	30	<p><b>MONTHLY LUNCH SPECIALS NOW AT BACKSTREET GRILL! (SERVED DAILY)</b></p> <p>Meatball Sub</p> <p>Pizza (BBQ Chicken, Pepperoni, Jalapeño Chorizo)</p> <p>Javier's Famous Chicken Salad (Salad or Sandwich)</p>		<p>Social Hour at Sally's! Every Wednesday; Open at 1600.</p> <p>Apps: 1600 to 1800; Food at 1730</p> <p>Come in and see Sally's new Drink Special of the Week!!</p>		
	<ul style="list-style-type: none"> <li>Special: <b>Burger Combo</b></li> <li>Spin Class 1100 (Gym)</li> </ul>					

## Details & Future Upcoming Events

### FITNESS CENTER EVENTS

- Armed Forces 5K **September 14th!**  
Time: 0730. Meet across from the Base Tower. Open to the community and their guests. **MUST Sign up via QR Code: **  
**FREE T-Shirts are available for participants!**  
*(Limited availability on a first come, first served basis)*
- Bike Ride Lake Perris **September 20th at 0800!**

- Open at 1600. Apps: 1600 to 1800; Food at 1730
- NEW Grab & Go Food Options STARTING Sept 9th**
- Sally's Halloween Fest **Sept 25th**
- LAST Ice Cream Social Thurs, Sept 26 from 1400-1500**
- Club Tea Social **STARTING Thurs, Oct 3**
- Hap Arnold Halloween Party **Oct 19th**

### BACKSTREET GRILL/HAP ARNOLD CLUB EVENTS

- Monthly Backstreet Grill SPECIALS**  
Lunch specials of the Month:  
**Meatball Sub (DAILY)**  
**Pizza (BBQ Chicken, Pepperoni, Jalapeño Chorizo) (DAILY)**  
**Javier's Famous Chicken Salad (Salad or Sandwich) (DAILY)**  
**Social Hour at Sally's! (Now serving apps) Every Wednesday;**

### OUTDOOR RECREATION

- Deep Sea Fishing (FULL)**  
September 21st, 2024  
Single Airman Price \$60.00  
Includes Transportation, License and Gear.
- Learn to Paint (Nightmare before Xmas)**  
October 19, 2024 | Time: 1800-2000  
Sign up at ODR 951-655-2816

## DIRECTORY

### Airman & Family Readiness (A&FR)

(951) 655-5350

### Back Street Grill (BSG)

(951) 655-3663

### Hap Arnold & Catering

(951) 655-4920

### Fitness Center (FC)

(951) 655-2284

### Home Community Care (HCC)

(951) 655-5144

### Outdoor Recreation (ODR)

(951) 655-2816

### Information, Tickets, & Tours (ITT)

(951) 655-4123

### Hap Arnold Printing (HAP)

(951) 655-2801

## QUICK LINKS



Scan the QR code for  
**Ticket Pricelist**



Scan the QR code for  
**Back Street Grill Menu**



Scroll to the  
bottom of the  
page for the  
links

Mon-Fri Menu & UTA Menu

## Key Information

### FITNESS CENTER

- Spin and Rowing classes offered weekly at the **Gym**  
Group Fitness Classes  
MW- Spin 1100;  
Tu&Thu- March F.I.I.T. 0600 at the gym  
Thurs- Yoga 1200 at the gym

Performance locker located adjacent to the Fitness Center for March FIIT/Functional fitness workouts. Olympic benches, barbells, mats, pull up bars, TRX, kettlebells, tire flip, sleds, jump ropes, fitness bands, sandbags, flexibility poles, cones, medicine balls. Stop by the fitness center for access.

**WELLBEATS fitness kiosk NOW AVAILABLE!**

Scan the QR code for  
**Online  
Reservations**



### AIRMAN & FAMILY READINESS

**1351 Graeber St. Bldg 2314 951-655-5350**

**March ARB, CA 92518**

- Information & Referral
- Family Life Education
- Personal Financial Management
- Relocation Assistance
- Family Readiness
- Employment Assistance
- Crisis Assistance
- Transition Assistance Program (TAP)

### OUTDOOR REC & ITT

- Stop by to get info for Unite Events and R4R trips!
- New theme park promotions **NOW AVAILABLE**

### BACKSTREET GRILL/HAP ARNOLD CLUB

#### Lunch Specials at Backstreet Grill:

**Monday:** Burger Combo (FREE Fries & Drink)

**Tuesday:** Street Tacos

**Wednesday:** Stir Fry

**Thursday:** Sizzlin Fajitas Platter

**Friday:** Fettuccine Pasta

- Call ahead to place your order

**(951) 655-3663**

- Want to cater an event at the Hap Arnold Club?

**(951) 655-4920**

### HAP ARNOLD PRINTING

Offering banners, posters, copies, and more to meet your personal and squadron's print needs! Stop by for more details Bldg 434 or call 951-655-2800!