

Fitness & Sports Center | 2017 Events and Programs Calendar

January 2017

Run to the Super Bowl Incentive Program Begins
 Volleyball Coaches Meeting | Tue, Jan 10, 1130
 Volleyball Letter of Intent Deadline | Tue, Jan 10
 Fitness Hike Box Springs | Thu, Jan 12, 1100
 King of the Court Volleyball Tourn. | Thu, Jan 19, 1100
 Fitness & Sports Council Meeting | Tue, Jan 24 1130
 Happy New You 5K Run/Walk | Thu, Jan 26, 1100

February 2017

Intramural Volleyball begins | Tue, Feb 7, 1700
 Golf coaches meeting | Wed, Feb 8, 1130
 Zumba Love Zumbathon | Fri, Feb 10, 1000-1200
 Heart & Sole 5K Run/Walk | Thu, Feb 16, 1100
 Softball Scrimmage | Wed, Feb 22, 1700
 Softball Meeting | Mon, Feb 27, 1130

March 2017

Golf Coaches Meeting | Tue, Mar 7, 1130 LOI Due
 3 x 3 Basketball Tournament | Wed, Mar 15, 1100
 Golf Tournament | Fri, Mar 17, 0700
 Softball Meeting | Wed, Mar 22, 1130 LOI Due
 March Madness 3pt Shootout Comp | Thu, Mar 30, 1100

April 2017

Golf Begins | Mon, Apr 3, 1600
 Softball Begins | Tue, Apr 11, 1700
 Tennis Tournament Begins | Mon, Apr 17, 1100

May 2017

MFM 5k Fun Run/Obstacle | Wed, May 3, 1130
 MFM BB Skills Clinic-Youth | Sat, May 6, 0800 UTA
 Fitness Hike Lake Perris | Tue, May 9, 0800
 Party in Pink Zumbathon | Fri, May 12, 1000-1200
 3-Point Shootout Competition | Wed, May 17, 1100
 GORUCK Challenge/Battlefield Chall. | Tue, May 23, 0800
 King of the Beach Sand Volleyball Tourn. | Thu, May 25, 1100
 Bench Press Competition | Wed, May 31, 1100

June 2017

Deadlift Competition | Wed, Jun 7, 1100
 Racquetball Tournament | Wed, Jun 14, 1700
 Fitness & Sports Council Meeting | Tue, Jun 20, 1130

July 2017

Independence 5K Run/Walk | Thu, July 6, 0700
 Basketball Coaches Meeting | Tue, July 11, 1130
 Battle Ropes/ Challenge | Wed, July 12, 1100
 Dodgeball Tournament | Thu, July 20, 1100

August 2017

Summer Fun Zumbathon | Fri, Aug 11, 1000-1200
 Basketball Coaches Meeting | Tue, Aug 15, 1200
 Flag Football Scrimmage | Tue, Aug 22, 1130
 5 X5 Basketball Tournament | Thu, Aug 24, 1100

September 2017

America's Armed Forces Run/1st Sergeants Run
 Sat, Sep 9, 0700 UTA
 Fitness & Sports Council Mtg | Tue, Sep 12, 1130
 Fitness Hike Box Springs | Thu, Sep 14, 1030
 Pick-up Basketball | Wed, Sep 20, 1100

October 2017

Great Pumpkin 5K Run/Walk | Wed, Oct 18, 1100
 Basketball Begins | Tue, Oct 24, 1700

November 2017

Jive Turkey 5K Run | Thu, Nov 2, 1100
 Christmas Zumbathon | Fri, Nov 17, 1000-1200
 Operation Warmheart Begins

December 2017

Ugly Sweater 5K Run/Walk | Wed, Dec 6, 1100
 Operation Warmheart Continues

On-Going Programs

500 Mile Club
 I Can Lift/Squat a KC-135, 98,470 lbs.-New

Tentative Programs/Events

Sports Day
 Nite Lite 5K Run/Walk
 Basketball Exhibition Game
 Nutrition Clinic
 Running Clinic



951-655-2284 | Bldg 465

Monday - Friday, 5:30 am - 8 pm
 UTA Saturday, 5:30 am - 8 pm
 UTA Sunday, 5:30 am - 1 pm